

## Droter Seminars Presents

### Hands on TMD 1 with John, Herb, Matt

John Droter, DDS  
Herb Blumenthal DDS  
Matt Stensrud, PT

You will learn the foundational skills to developing excellence in helping facial pain patients.  
This is a very hands on course.

Skills you will learn and refine:

Taking a History

; Being great at observing;

Examination: Palpate Muscles, Palpate Joints, Auscultation, Anterior Stop Test;

Patient Education- Patient Acceptance\*\* Occurs at all phases

Joint Vibration Analysis- JVA intro

Electromyography- EMG intro

CBCT intro

Developing a Differential Diagnosis

We will go over the most common TMDs that you see in a general dental practice: Limited Opening, Acute Sprain, Osteoarthritis, Non-Reducing Disc, Muscle Bracing, Clenching, Grinding, Occlusal Muscle Dysfunction, Postural and neck issues.

We will do hands on with common TMD treatments: Ice, Hot/Cold/Hot, Range of motion exercises, Anterior stops, prescribing NSAIDs when needed.

Matt will go over neck and postural issues and **work with you** in better aligning yourself.

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### TWO CHOICES OF DATES FOR THE INITIAL "HANDS-ON" CLASS

Crofton Maryland. FIRST CHOICE DATE FOR "HANDS-ON" CLASS

**March 24, 25, 26, 2022**

Thursday 8:30-4:30

Friday 8:30-4:30

**Saturday 8:30-1**

Crofton Maryland SECOND CHOICE DATE FOR "HANDS-ON" CLASS

**June 9, 10, 11, 2022**

Thursday 8:30-4:30

Friday 8:30-4:30

**Saturday 8:30-1**

**Course will be at:**

**The Mugford Center**, 1660 Village Green, Crofton, MD 21114

**Hotel: Courtyard Marriott**

16800 Science Dr, Bowie, MD 20715

Phone: (240) 544-1400

Hotel is 4 miles away, 6 minute drive.

**Fly into Baltimore Washington International Airport.**

BWI Airport- About 22 miles away, 30 minute drive.

**Breakfast provided all days, Lunch provided Thursday and Friday.**

**Class size is limited to 12. (THERE ARE TWO CHOICES FOR DATES OF "HANDS-ON" CLASS)**

Cost - \$5,500  
Make Check payable to Droter Seminars  
4000 Mitchellville Rd, Suite B330  
Bowie MD, 20716

Pay in Full \$5,500  
or  
\$1500 to hold spot  
Second payment by January 24 \$2,000  
Third payment by Feb 24th \$2000

**For Registration and Any Questions:**

[jdroter@mac.com](mailto:jdroter@mac.com)

**Contact: Amber Miller at Dr. Droter's office via phone (301-805-9400) Monday-Thursday 8:30am-3:00pm (EST) or after office hours by cell (410-320-8126) to make payment.**