

# 5 Levels of Appliance Therapy

Level 1  
Protective Therapy for Sleep Bruxing or  
Clenching

Store bought \$20



Level 2  
Clenching Inhibition

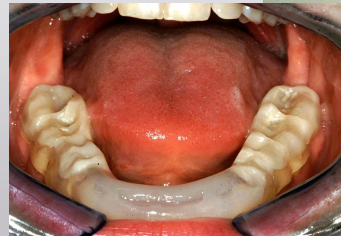
Palatal Anterior Stop



Level 3  
Diagnose and Treat Occlusal Muscle  
Disorder



Level 4  
Treat Damaged Joints that have  
Adapted Unfavorably



Level 5  
Treat Actively Degenerating  
Temporomandibular Joints



Level 1  
Protective therapy for Bruxing or clenching  
Joint status- healthy or fav adapt  
Occlusal status- Non pathologic  
Protective guard

Level 2  
Tx Clenching  
Joint status- healthy or favorable adaptation  
Occlusal status- Non pathologic  
Anterior Stop Appliance

Level 3  
Tx OMD  
Joint status- healthy or favorable adaptation  
Occlusal status- Pathologic  
CR Appliance  
Occlusal Equilibration

Level 4  
Tx unfavorably adapted damaged joint  
Orthopedic Appliance

Level 5  
Tx actively degenerating joints  
Orthopedic and Medical Management